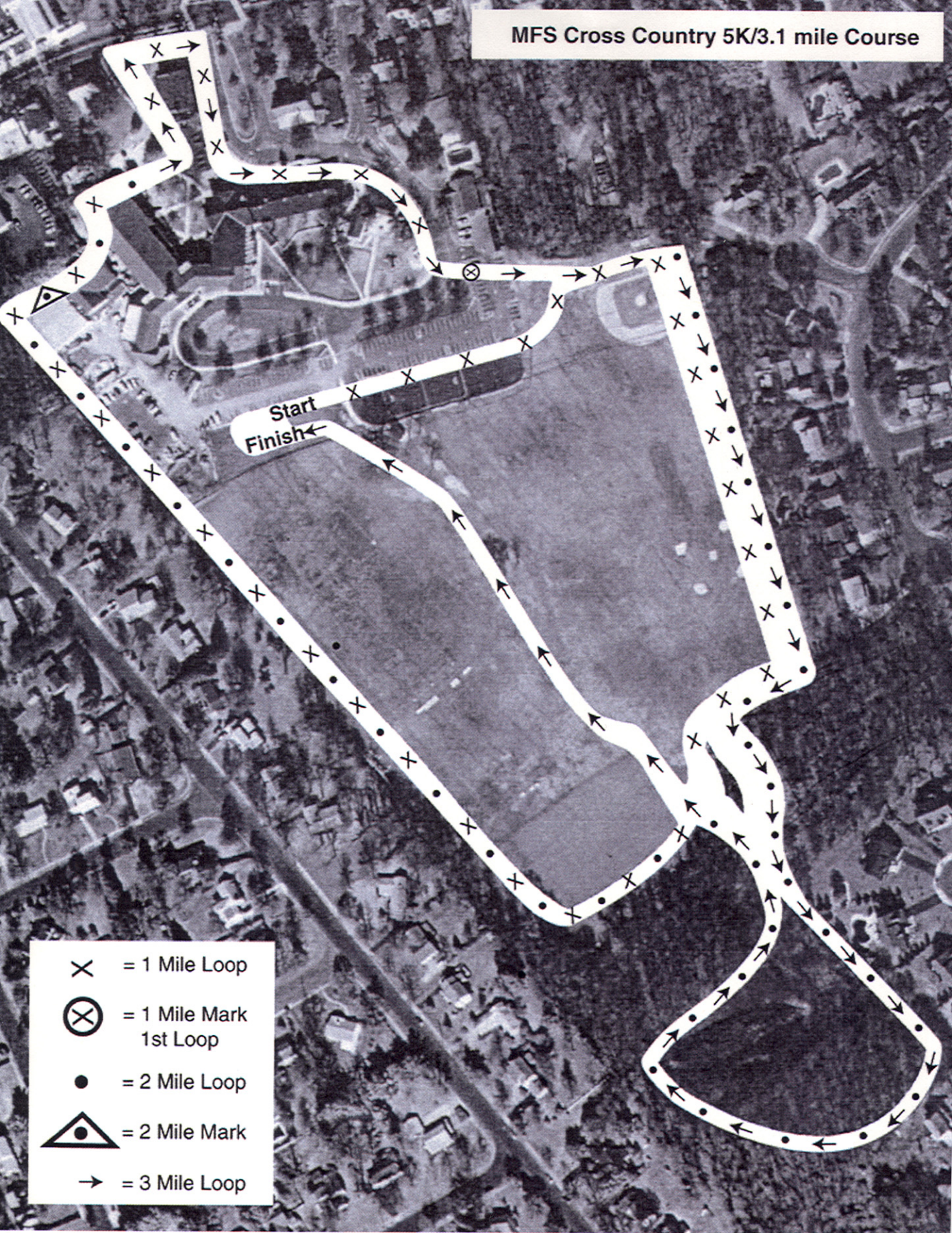


MFS Cross Country 5K/3.1 mile Course



Start
Finish ←

- X = 1 Mile Loop
- ⊗ = 1 Mile Mark
1st Loop
- = 2 Mile Loop
- △ = 2 Mile Mark
- = 3 Mile Loop